



the **key** consultancy limited

Manual Handling Instructors and Assessors Refresher

Aims

This course aims to provide a refresher on the effective assessment and control of manual handling risks and instruction in manual handling techniques. Delegates will be re-assessed on their learning and their ability to instruct others in manual handling.



I'm Amy Bowering the Programme Manager for our Manual Handling Instructors and Assessors Refresher course. In the first instance speak to a member of our sales and marketing team and should you need any further advice and support they will arrange for me to contact you and discuss the course in greater depth.

Objectives

At the end of the course each delegate should be able to:

- Outline the main manual handling injuries and how they occur
- Make assessments of manual handling operations
- Identify effective avoidance and reduction measures
- Outline the legal requirements relating to Manual Handling
- Demonstrate and use a sound base movement

Programme content

- Legislation review
- Instruction techniques review
- Review of learning styles and skills
- Anatomy and physiology
- Risk assessment
- Review of practical techniques
- Group question & answer session – address any problems encountered

Programme may be subject to change without prior notification.

Fees

£165 + VAT per place (non residential)

Dates

09 October 2012

The venue

This course is delivered at our training centre The Mount School in Bromsgrove, Worcestershire.



Alternatively, if you have a group of people we can deliver this course at your premises. Talk to us about your requirements and our competitive in-company training rates.

To reserve a place

Call us on **01527 575182** to check availability and reserve places on this course.

Why choose key?

.....because we care about the products we deliver; we care about our delegates; and we care about our profession and its impact upon our clients' effectiveness.

V1.0 14/11/11

The Mount School, 277 Birmingham Road, Bromsgrove B61 0EP **t** +44(0)1527 575182 **f** +44 (0)1527 576288
e key@thekeyconsultancy.co.uk **w** www.thekeyconsultancy.co.uk

Registered in England No. 2943873. Registered office as above